

Continuous Bias Binding

Binding Strips Cut on the Bias are stretchier than strips cut on the Grain which makes them ideal for quilts that are irregularly shaped or curved. Cutting them continuously eliminates the step of sewing the strips together.

When using for a traditionally shaped quilt (square or rectangular) you may need to pin strips frequently and/or use a walking foot to minimize stretching.

Continuous Bias Binding Size Chart

For 2.25" Bias Binding Strips
All measurements are in inches

Quilt Type	Quilt Size	Binding Length	Starting Square
Small Baby	30 x 30	130	19 x 19
Standard Baby	30 x 40	150	20 x 20
Crib	36 x 52	186	22 x 22
Lab/Throw	50 x 65	240	25 x 25
Throw	65 x 70	280	27 x 27
Twin	70 x 90	330	29 x 29
Full/Double	85 x 108	396	31 x 31
Queen	90 x 108	406	32 x 32
King	110 x 108	446	33 x 33
California King	106 x 112	446	33 x 33

Begin with your desired size square, cut in half on the diagonal then sew straight sides together. Mark the diagonal every 2.25". Bring short edges together aligning the marks so they are offset by one. Sew together making a tube. Cut along marks. Ta Da!

To View Tutorial by Designed to Quilt go to: www.designedtoquilt.com/make-bias-binding-for-quilts/

